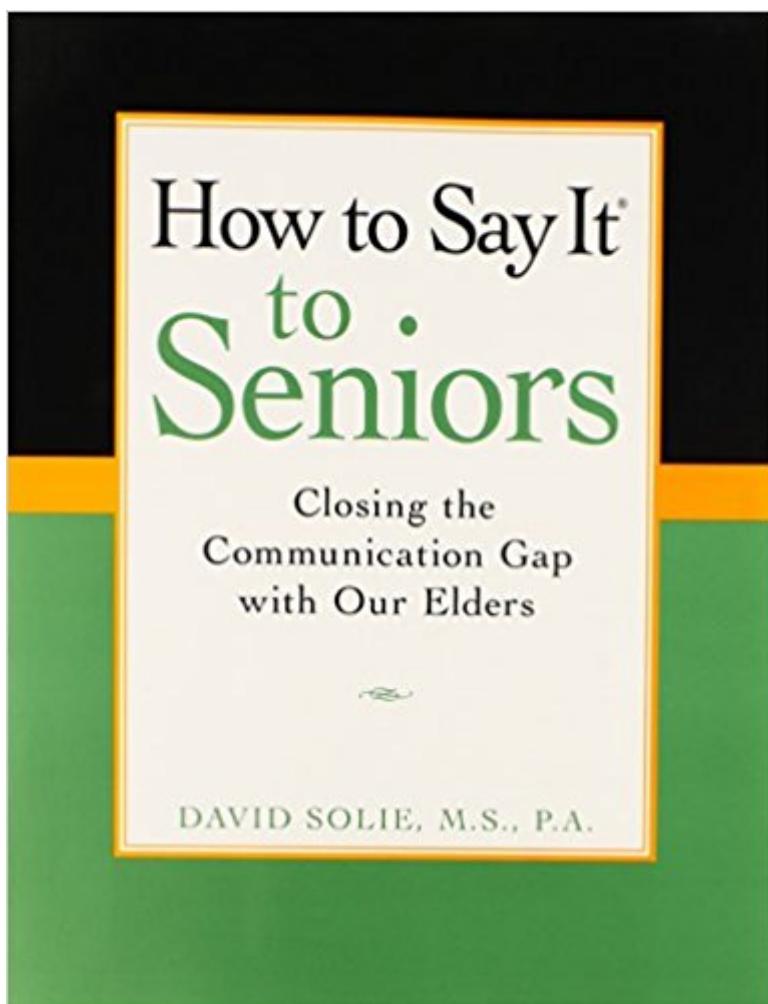


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# How To Say It To Seniors: Closing The Communication Gap With Our Elders



## **Synopsis**

A practical guide to bridging the generation gap. In How to Say It to Seniors, geriatric psychology expert David Solie offers help in removing the typical communication blocks many experience with the elderly. By sharing his insights into the later stages of life, Solie helps in understanding the unique perspective of seniors, and provides the tools to relate to them.

## **Book Information**

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## **Customer Reviews**

David Solie, MA, PA is an expert in the psychology of aging, and the President of RiskTutor, a professional training corporation.

I wish my parent's doctors would read this book! Everyone who deals with those over 70 should read it. We teach early childhood education, but why is there no education in how to deal with those in the last part of their lives, so they feel respected. This guy is great.

Excellent 'go to' resource for anyone living with, working with or volunteering with seniors. A better way to communicate, articulate and say things without getting your senior agitated or confused.

As others have noted on their reviews, this book is written more for a business approach to dealing with the elderly, not a more personal level. I found some of the suggested ways to communicate did not sound sincere. In general I was disappointed with the majority of the content-it could have been a good article, but not enough substance for a book.

I read this a few years ago when I worked with senior citizens. It was very helpful in understanding where they were coming from, what their motivation was. But I had taken it out from the library and I now need it for dealing with my own parents. I am so glad I could find it for my Kindle. I often wonder why my parents tell me things that are so different from my own perspective. They raised me- when did they change? This book helps with that disconnect. It has given me patience and understanding that make it easier to work with my parents and get them to accept the care and support they need. I can show them what they need to know in a way they can understand and accept, without feeling like I am forcing them to do something they don't want.

This has some good information for understanding "where seniors are at" when interacting with them. It is similar to books on raising children and understanding their developmental needs but directed at seniors. I find that the author comes from a fairly narrow point of view related to the life histories and emotional needs of seniors, plus he usually comes at it only considering healthy seniors without the contributing factors of illness, but this also keeps the book well focused and gives a good base for the subject. Even if you don't agree with much of it I find it hard to think it would fail to benefit the reader.

Another book that was used for my Elder's Class. My professor is a life coach for working with seniors. David Solie writes how being patience is so important when dealing with the elder. He mention in his writing of how many sales have been loss in financial planning, because the person did not understand many seniors, and was not patient. Many try to close the deal without giving the seniors time to think things through. This is a very good book.

This is an excellent book when you want to get a better understanding of what senior adults go through as they age. Very good communication suggestions with specific conversation starters.

The first page of this book made it clear that he always considers the children in the wrong when confronting situations that need resolution with elderly parents. The example about the son discussing his father's driving test is basically repeated throughout the book with each scenario's resolution centering on the children having to capitulate to the elder's desires. The elder's need to continue being in control is catered to in spite of the kid's knowledge of how things are in today's world. The parent resists any information that the children may wish to share and in essence acts

very similar to the alpha wolf in a pack. The alpha wolf does not seek nor accept any advice from the lower pack members...neither do the elder parents profiled in this book. Some examples, such as Mr. Ponytail, reveal that the parents actually dislike their own offspring and are willing to give their entire fortune to the government in taxes rather than give it to their children upon their death. When the children really do have their parents' best interest at heart and are constantly rebuffed, is it any wonder that upon their death, they aren't really mourned by their kids. Instead, the kids face their parents death with a sense of relief rather than remorse. What a sad legacy.

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